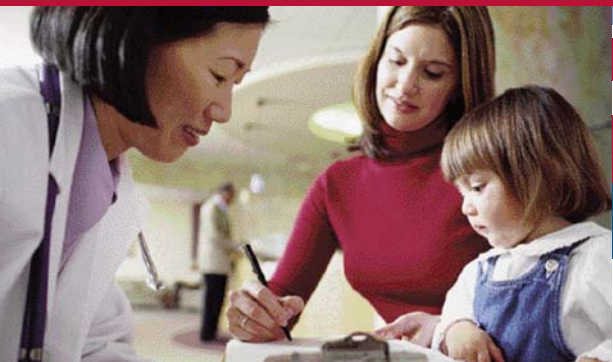


# SCHEDULE OF BENEFITS



Michigan Conference  
of Teamsters Welfare Fund  
Schedule of Benefits

**Plan 386**

July 2001



Health and welfare benefits play an important part in your life. They help you pay for doctor visits, prescription drugs, dental treatment, optical care and many other common health care needs. Your benefits also provide financial protection in the event of unexpected, catastrophic events such as hospitalization, surgery, disability or death.

**Your benefits.** If you are an eligible active participant, the Michigan Conference of Teamsters Welfare Fund provides you and your eligible dependents with a benefit Plan that includes important programs to help you meet your health and welfare needs.

These programs are explained in detail in the Summary Plan Description booklet. This Schedule of Benefits is part of the Summary Plan Description. You should read this Schedule with the booklet for a complete description of your benefits.

**Network options.** You have the option of using In-Network or Out-of-Network physicians and dentists for your healthcare needs. In-Network physician services are provided through PPOM, L.L.C. In-Network dental services are provided through Delta Dental of Michigan. When you receive services from a PPOM or Delta Dental of Michigan provider, you will experience little or no out-of-pocket expenses.

When you use a provider that does not participate in a PPOM, or Delta Dental of Michigan Network, you will have higher out-of-pocket expenses and will be responsible for any amounts over and above the Plan's reimbursement.

# BENEFIT DETAILS

The following chart highlights the benefits provided as of July 1, 2001. Additional limitations apply for certain coverages, and prior authorization is required for certain services and equipment, so you should review this material with your Summary Plan Description booklet to learn more about your benefits. If you have questions, please contact the Member Services Department at (313) 964-2400. You may also call toll free at (800) 572-7687 in the Metro-Detroit area, (800) 824-3158 in Upstate Michigan or (800) 334-9738 Outside of Michigan.

Benefit	In-Network	Out-of-Network
<b>Medical Benefits</b>		
Lifetime Maximum	\$1,000,000 per person all benefits combined	\$1,000,000 per person all benefits combined
<b>Major Medical</b>		
Annual Deductible	\$100 individual, \$200 family	\$300 Individual, \$900 Family
Reimbursement	85% of CC	75% of R&C amounts
Out-of-Pocket Maximum	\$1,500 in excess of deductible	\$2,500 in excess of deductible
<b>Hospital Expenses</b>	85% of CC after deductible	75% of R&C after deductible
<b>Hospital Emergency Benefit</b>	85% of CC after deductible if it meets the criteria described in SPD	75% of R&C if it after deductible meets the criteria described in SPD
<b>Ambulance</b>		
Ground/Air/Water	85% of CC after deductible	75% of R&C after deductible
<b>Physician Charges</b>		
Office	85% of CC after deductible	75% of R&C after deductible
Hospital Outpatient Clinic Visit	85% of CC after deductible	75% of R&C after deductible
Inpatient	85% of CC after deductible	75% of R&C after deductible
<b>Surgical Benefits</b>	85% of CC after deductible	75% of R&C after deductible
<b>Maternity Benefits</b>		
Member/Spouse only Pre/Post-Natal Delivery	85% of CC after deductible	75% of R&C after deductible
<b>Anesthesia</b>	85% of CC after deductible	75% of R&C after deductible
<b>X-ray</b>	85% of CC after deductible	75% of R&C after deductible
<b>Laboratory Tests:</b>		
Fluids/Pathology	100% of CC after deductible	75% of R&C after deductible
Diagnostic Tests	85% of CC after deductible	75% of R&C after deductible
<b>Mammography Screening</b>	100% of CC deductible waived	100% of R&C deductible waived
<b>Physical Exam/GYN Exam</b>	100% of CC deductible waived	100% of R&C deductible waived
<b>Pap Smear Screening</b>	100% of CC deductible waived	100% of R&C deductible waived
<b>Well Child Exam</b>	100% of CC deductible waived	100% of R&C deductible waived
<b>Child Immunizations</b>	100% of CC deductible waived	100% of R&C deductible waived

Benefit	In-Network	Out-of-Network
<b>Mental &amp; Nervous</b>		
Requires prior authorization		
Inpatient		
Hospital/Physician	60 days covered at 85% of CC after deductible, with 60-day renewal	45 days covered at 75% of R&C after deductible, with 60-day renewal
Outpatient		
Visits per year	100% of CC after \$15 copayment No more than 50 combined In- and Out-of-Network and combined with outpatient substance abuse treatment	50% of R&C No more than 50 combined In- and Out-of-Network and combined with outpatient substance abuse treatment
<b>Substance Abuse</b>		
Requires prior authorization		
Inpatient		
Hospital 42 days per lifetime	85% of CC after deductible	75% of R&C after deductible
Physician	85% of CC after deductible	75% of R&C amounts after deductible
Outpatient		
Visits per year	100% of CC after \$15 copayment No more than 50 visits per year combined with In- and Out-of-Network and with outpatient mental health treatment	50% of R&C No more than 50 visits per year combined with In- and Out-of-Network and with outpatient mental health treatment
<b>Home Health Care</b>		
Requires prior authorization		
	85% of CC after deductible	75% of R&C after deductible
<b>Skilled Nursing Facility</b>		
Requires prior authorization		
	85% of CC after deductible for eligible expenses for room and board and other medical services	75% of R&C after deductible for eligible expenses for room and board and other medical services
<b>Hospice Care</b>		
Requires prior authorization		
	85% of CC after deductible	75% of R&C after deductible
<b>Chiropractic Benefits</b>		
	80% of CC up to \$1,000 per year	80% of R&C up to \$1,000 per year
<b>Hearing Aids</b>		
Covered every 2 years	85% of CC after deductible up to \$1,000 per aid (\$2,000 maximum benefit)	75% of R&C after deductible up to \$1,000 per aid (\$2,000 maximum benefit)
<b>Temporomandibular Joint Dysfunction (TMJ)</b>		
	85% of CC after deductible Up to \$1,500 per person per lifetime	75% of R&C after deductible Up to \$1,500 per person per lifetime
<b>Human Organ &amp; Tissue Transplant Benefit</b>		
	85% of CC after deductible up to scheduled amount based upon organ type	75% of R&C after deductible up to scheduled amount based upon organ type
<b>Prescription Drugs</b>		
Pharmacy	100% of CC after \$10 copayment for up to a 34-day supply when you use a participating pharmacy	
Mail Order	100% of CC after \$10 copayment for 90-day supply when you use a participating pharmacy	

Benefit	In-Network	Out-of-Network
<b>Dental Benefits</b>		
Non-Orthodontic Services Annual Maximum	\$1,500 per person	\$1,500 per person
Deductible Class II & III	\$50 Individual \$100 Family	\$50 Individual \$100 Family
Class I	Covered in full	100% of fee schedule
Class II	100% of CC after deductible	100% of fee schedule after deductible
Class III	85% of CC after deductible	85% of fee schedule after deductible
Orthodontics	None	None

Benefit	Coverage
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### Optical Benefits

(Limited to one exam and one pair of corrective lenses every 12 months)

Optical Exam	\$50
Frames	\$75
Lenses	
Single	\$50 per pair
Bi-focal	\$60 per pair
Tri-focal	\$90 per pair
Contact Lenses	\$80 per pair

### Death Benefit

Member	\$20,000
Spouse	\$3,000
Children (Birth up to age 19)	\$1,500

### Accidental Death & Dismemberment

(Member only)

\$20,000 (Maximum)

### Total & Permanent Disability Benefit

(Participant only)

\$250 per month  
\$20,000 maximum benefit over an 80-month period

### Weekly Accident & Sickness Benefit

(Member only)

\$175 per week for a maximum of 26 weeks  
Payable on: 1st day for accident or 8th day for illness after the last day worked.  
Family coverage continues while member is collecting weekly benefit

### Flex Dependent Coverage

For single members or members who are enrolled as a family, have other available coverage and elect to waive this dependent coverage, an annual medical spending account of up to \$540 will be established for their use to offset out-of-pocket expenses

### Benefit Bank Weeks

You receive eight weeks Benefit Bank for the three-year period beginning April 1, 2000 through March 31, 2003

# IMPORTANT TELEPHONE NUMBERS

The following telephone numbers are provided to assist you in determining your eligibility for benefits and maximizing your coverage under the Michigan Conference of Teamsters Welfare Fund. You may call the following numbers to ask questions about eligibility, to report changes in family status, to option prior authorization of durable medical equipment and orthotics and to check the status of your claim.

**Michigan Conference of Teamsters Welfare Fund Office**..... (313) 964-2400  
Toll free Metro-Detroit.....(800) 572-7687  
Toll free Upstate Michigan.....(800) 824-3158  
Toll free Outside of Michigan..... (800) 334-9738

**Call for prior authorization of:**..... (313) 964-2400  
Hospice care ..... ext. 428  
Home health care

No benefits will be paid if your provider does not call to obtain prior authorization before you begin receiving hospice or home health care, or before you purchase orthotic devices or durable medical equipment. You may also call ext. 428 at the toll free numbers listed above.

**Call for prior authorization of:**  
Skilled nursing facility care..... (800) 482-4040

No benefits will be paid if your provider does not call to obtain prior authorization.

**Call for prior authorization of treatment for:**.....(800) 457-8540  
Mental and nervous conditions  
Substance abuse

Treatment of mental and nervous conditions and substance abuse will not be covered if you do not call for prior authorization before receiving treatment.

**Call for prior authorization of:**  
All hospital admissions ..... (800) 445-6417

No benefits will be paid if your provider does not call to obtain prior authorization.

**For prior authorization of Human Organ Transplant Procedures:**  
Have your physician or hospital call..... (800) 242-3504

You may also call the toll free numbers listed above.

**Call Blue HealthLine for 24-Hour Health Information** .....(800) 811-1764

Blue HealthLine gives you 24-hour access to registered nurses to help you:

- Assess an illness or injury;
- Find ways to live a healthier life;
- Understand a treatment plan prescribed by your doctor;
- Learn how to control a chronic condition (like diabetes or high blood pressure); and
- Take an active role in your medical care.

Blue HealthLine also gives you access to an up-to-date audio health library with more than 1,600 pre-recorded health messages on tape. Please note that Blue HealthLine is not a 911 emergency line. In an emergency call 911.

**Additional information.** More detail about your Plan benefits is provided in your Summary Plan Description booklet. Some important information you may need to refer to is:

- Eligibility;
- Filing your claim for benefits;
- How your benefits are coordinated with your coverage under other plans or Medicare; and
- Information about how the Plan is administered.

You may also visit the Michigan Conference of Teamsters Welfare Fund website, [www.mctwf.org](http://www.mctwf.org) to link to the PPOM, Blue Cross/Blue Shield of Michigan or Delta Dental website to obtain up-to-date listings of In-Network hospital and health care providers.